

# NATURE ART



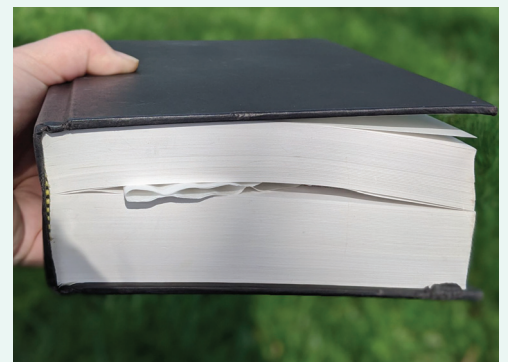
A partnership between Springfield-Greene County Park Board and Springfield Regional Arts Council



## FLOWER PRESSING

- MATERIALS**
- ★ Coffee Filters
  - ★ Flowers
  - ★ Heavy Book

- STEP 1** Find some wild flowers and pick them. In a park, please only pick dandelions or wild violets. Check for bugs!
- STEP 2** Open your heavy book and place a coffee filter on each side. Place your flowers in the coffee filter - remember, however you place them is how they will dry. Be sure to give them space so they don't overlap.
- STEP 3** Close them into the book. Check on them every few days- the coffee filters will absorb the moisture from the flowers, and the weight of the book will flatten them. You might need to switch out the filters or place another heavy book on top to help the process!
- STEP 4** After a couple weeks, your flowers should be pressed and dried. Frame them, put them in a scrapbook, or decorate with them!
- STEP 5** Take photos of your new original artwork and tag any social media posts with **#SGFParks** and **#SpringfieldArts**



**Remember:** Please do not pick flowers in public park flower beds or gardens, but dandelions and wild violets on the lawn are okay!